



The Association
for Child and Adolescent
Mental Health



Childhood Adversity: Recovery, Resilience and Prevention Seminars

In partnership with Child & Family Training UK (C and FT)

acamh.org/event/aces-4-seminars

Four virtual half-day seminars, 1.30-4.30pm,
Thursdays 5, 12, 19, 26 May

PLUS receive NINE practitioner guides
AND associated licences, with 10+ hours
of training, and CPD certificates

Essential for
those working
with children
and families

About the sessions

Organised by ACAMH, in collaboration with Child and Family Training (CFT), to familiarise participants with the trauma informed modular *Hope for Children and Families: Building on strengths, overcoming difficulties* (HfCF) intervention resources to promote **Recovery and restore Wellbeing, Resilience, Prevention**. Hear from leaders in the field *Dr. Arnon Bentovim*, Child and Family Psychiatrist, *Dr. Samaa El Abd*, Child and Adolescent Consultant Neuropsychiatrist, *Jenny Gray OBE*, social work consultant, *Stephen Pizzey* social worker and expert witness with over 40 years experience. Designed for a multi-disciplinary group of practitioners the sessions will encourage delegates to consider how a program of workshops and coaching could be developed to fit the specific needs of their services and clinical teams across the field of mental health, social care, education, and youth justice services.

Focus for the session

5 May - *Making a holistic assessment, and establishing a profile for intervention*

12 May - *Early Intervention when children are exposed to significant adversity*

19 May - *Interventions to address overlapping mental health responses to adversity – traumatic responses, anxiety, depression, disruptive behaviour, and sexually harmful behaviour*

26 May - *Prevention: Work with parents and the family to address adversity, promote positive parenting, create a positive family environment of care, promote good quality care and development, and secure attachments and emotional responsiveness*

Pricing and booking

ACAMH Members £175

Non-members £195 – first 20 booking get a FREE ACAMH Membership worth £70!

Prices also include exclusive access to all lectures for up to 28 days.

[Click here for more details](#)

The Practitioner Guides

These guides have a RRP of £225, but are INCLUDED in the price for the sessions!

Each guide contains

- **Practitioner briefings** summarising theory, research, and approach
- **Content and materials** focusing on children, young people, parents, or families.
- **Relevant steps** to achieving an evidence-based goal, and the particular focus
- **Suggested scripts** for working with children, parents, and families, to help practitioners understand the aim of the module and to find their own voices and approaches
- **Guidance notes** – understanding the background to the particular steps
- **Activities** supported by worksheets to help achieve a particular planned outcome
- **Practice** – role plays, and coaching approaches reinforce learning
- **Handouts** for parents to remind them of particular approaches outlined
- **Worksheets** for children and parents to negotiate the various steps.

Speakers



Dr. Arnon Bentovim



Jenny Gray OBE



Dr. Samaa El Abd



Stephen Pizzey

