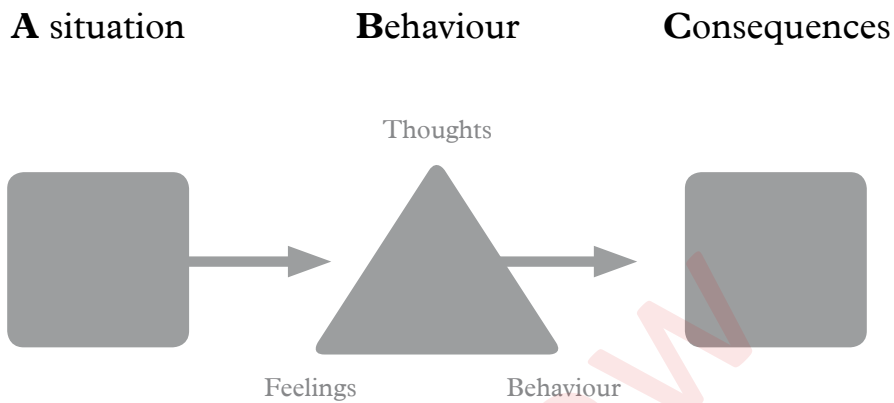


# h A simple model of stress rationale

## Parental/carer stress



## Cycle of situations, feelings, thoughts, behaviour and consequences

